



# Teen Life Group Kit

## **Supplies List:**

- ◇ Weekly Handouts
- ◇ Pencils
- ◇ Crayons
- ◇ Blank Paper
- ◇ Play-Doh
- ◇ Puzzle
- ◇ Ziploc Bags
- ◇ Index Cards
- ◇ Construction Paper
- ◇ Sticky Notes
- ◇ Bean Bag or Ball

## **Supplies by Lesson:**

### **Lesson 1:**

- ◇ Copies of Scaling Handout
- ◇ Pencils or Crayons

### **Lesson 1 (Middle School Addendum):**

- ◇ Blank Paper
- ◇ Pencils or Crayons
- ◇ Bean Bag or Ball
- ◇ 3x5 Index Cards

### **Lesson 2:**

- ◇ Copies of Pre-Test Handouts
- ◇ Instructions to the Worst-Case Scenario Handout
- ◇ Play-doh

### **Lesson 3:**

- ◇ Copies of Gingerbread Handout
- ◇ Crayons or Pencils
- ◇ Puzzle with 24-48 pieces
- ◇ Ziploc bags

**Lesson 4:**

- ◇ Copies of Circles Handout
- ◇ Pencils or Crayons
- ◇ 3x5 Index cards
- ◇ Hat or container

**Lesson 5:**

- ◇ Copies of What's on My Wall Handout
- ◇ Pencils or Crayons

**Lesson 6:**

- ◇ Copies of Ups and Downs Handout
- ◇ Pencils or Crayons

**Lesson 7:**

- ◇ Device to play video clip
- ◇ Copies of Genogram Handout
- ◇ Construction Paper or Blank Paper
- ◇ Pencils or Crayons
- ◇ Optional: Art Supplies (examples: tape, glue, stickers, pictures)

**Lesson 7 (Middle School Addendum):**

- ◇ Copies of Genogram Tree Handout
- ◇ Sticky Notes
- ◇ Device to play video clip
- ◇ Construction Paper or Blank Paper
- ◇ Pencils or Crayons
- ◇ Optional: Art Supplies (examples: tape, glue, stickers, pictures)

**Lesson 8:**

- ◇ Copies of the Gingerbread Handout
- ◇ Completed Gingerbread Handouts from Lesson 3
- ◇ 3x5 Index cards
- ◇ Crayons or Pencils
- ◇ Slips of Paper
- ◇ Hat or Container
- ◇ Copies of Post-Test Handouts