



TEEN LIFE

www.teenlife.ngo

Virtual Support Groups

SUPPORT FOR YOUR STUDENTS DURING VIRTUAL LEARNING

- Online Support Groups led by school staff or a trained Teen Life Facilitator.
- 3 lessons that focus on overcoming stress, managing relationships, and resources that will empower students this school year.
- A resource for school staff to offer social-emotional support virtually.

What next?

- Decide on a time and start date for your Virtual Support Group.
- Fill out a request form at www.teenlife.ngo/VirtualGroup
- When school begins, recruit a group of 4-6 students to be part of a Virtual Support Group.
- Send details to the group and facilitator to get started!

We are here to help you support your students. If you have any questions, please reach out to beth@teenlife.ngo

**equip.
encourage.
empower.**