



Teen Life is a nonprofit organization dedicated to encouraging, equipping and empowering teenagers to live life better.

Schools are overwhelmed and understaffed. Teenagers are facing more than ever before. Teen Life makes an impact by offering free Support Groups to schools with the help of community volunteers. Because of these groups, school staff receives the support they need and students leave equipped to face life's challenges.

Now with three unique curriculum eBooks and over 180 trained volunteer facilitators, Teen Life is reaching more students than ever before. With our first National Facilitator Trainings in Spring 2017, we have officially expanded our reach outside of Texas, starting groups in Indiana during Fall 2017!



### Equip

We train community volunteers to facilitate Support Groups on their local school campus.

### Encourage

We work alongside school staff, helping them reach students and giving them resources.

### **Empower**

We give students the skills and resources they need to face life's challenges through Support Groups.



PROVIDING SUPPORT GROUPS
TEENAGERS WANT TO BE
A PART OF AND SCHOOLS
CAN'T LIVE WITHOUT



# A letter from our CEO

It is hard to believe that it was eight years ago, in 2009, when we started our first Teen Life Support Group in Birdville ISD. This open door helped make a dream become reality. A dream to help teenagers have a safe place to have meaningful conversations, to connect with adults who want to help them, and to build the skills needed to face the challenges they will experience in life.

These groups have helped thousands of students, and the vision is to help thousands more. This help means teenagers learn how to choose life instead of suicide, physical exercise instead of substances, empathy instead of hate, and hope instead of self-hurt. These choices mean that students will be equipped, encouraged, and empowered to connect with the people and the resources they need.

Thank you for partnering with us by donating, volunteering, and praying. You are helping shape the future lives of these teenagers.

#### **TEEN LIFE Numbers**

Since 2009

5,779

Students have met in Teen Life Support Groups

**21** 

School districts have held Support Groups

181

Volunteers have been trained to facilitate Support Groups

"DURING MY TIME WITH TEEN LIFE, I CAME TO REALIZE THAT I AM NOT ALONE."



#### 2016-2017 School Year

1,139

Students met in Teen Life Support Groups

**14** 

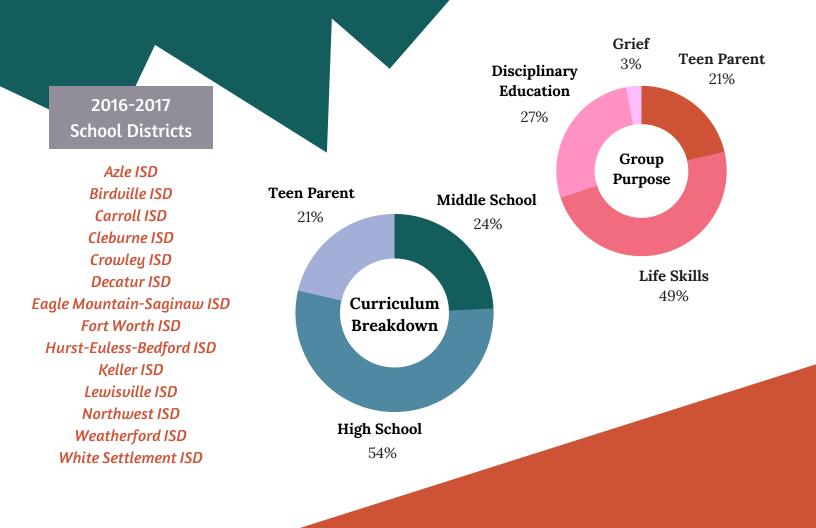
School districts held Support Groups 60

Volunteers facilitated a Support Group 103

Support Groups held on school campuses

48

School campuses held Support Groups



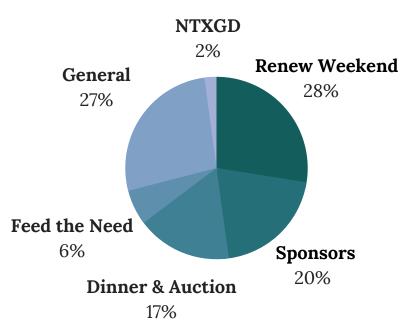
## 2017 Financial Snapshot

\$287,731

Amount given during 2017 as of December 1st

402

Number of donations during 2017



**Donations by Source** 

# **Board of Directors**

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"TEEN LIFE OPENED THE DOOR FOR ME TO BE A PRESENCE ON OUR PUBLIC SCHOOL CAMPUSES. THROUGH THAT CONNECTION, I NOW MENTOR SEVERAL DIFFERENT KIDS, PROVIDING SUPPORT FOR BOTH THE STUDENTS AND THE SCHOOL COUNSELORS.

WHAT AN INCREDIBLE IMPACT TEEN LIFE IS HAVING!"

- CANDY, TEEN LIFE FACILITATOR

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